

Glen Cove Breastfeeding Resources

*Indicates that the organization offers free or reduced cost resources. Individuals who may have difficulty affording services should contact their local Women, Infants, and Children (WIC) office to determine eligibility for their services.

Breastfeeding Counseling Providers

Nassau County Department of Health WIC Locations *

WIC [Website](#)

- **Nassau County DOH** – 200 County Seat Drive, Mineola, NY 11581 | 516-227-9453
- **Hempstead WIC** – 160 North Franklin Street, Hempstead, NY 11550 | 516-572-0942
- **Glen Cove WIC** – 110 School Street Glen Cove, NY 11542 | 516-571-1942

Allied Breastfeeding Support

- Information, free phone counseling, classes, home/office visits
- Contact: 1-866-621-2769, press 2, then press 1 for New Hyde Park Office visits, 2 for Riverhead Office visits, 3 for phone line lactation support
- www.alliedbreastfeeding.com
- lactationconsultant@alliedphysiciansgroup.com

Long Island Lactation Consultant Association

- Lactation consultant contact information, breastfeeding support groups
- www.lilca.org

Long Island Doula Association *

- Contact: 631-574-2205 | info@lidoulas.com
- Doula services, breastfeeding support, and childbirth education classes
- LIDA has a Families in Crisis Fund that helps those with limited resources access their services
- www.lidoulas.com

Visiting Nurse Service of New York: Nurse Family Partnership *

- Contact: 516-942-4580
- A free visiting nurse service available to eligible women from pregnancy through 2 years after birth. Call to determine eligibility.
- www.nursefamilypartnership.org

New York Lactation Consultants Association

- Find a lactation consultant for home visits, office visits, breastfeeding groups, prenatal classes
- More details are available on their [website](#).

Breastfeeding Education Classes

Breastfeeding Resources

- Classes are located in Manhasset, NY and taught by Beverley Rae, MSW, IBCLC. Visit the [website](#) for more details.
- Contact: Beverley Rae | 516-365-4877 or info@breastfeedingresources.net

Local Hospitals and Medical Centers

Long Island Jewish Hospital (New Hyde Park)

- Contact: 718-470-5173
- Classes on the 2nd Tuesday of every month, find schedule and register on hospital's event [website](#).
- Cost: \$65, couple

North Shore University Hospital (Manhasset)

- Contact: 516-881-7000
- Classes are offered twice a month, find schedule and register on hospital's event [website](#).
- Cost: \$50 individual, \$65 couple

Couldn't find what you were looking for? One of these resources didn't work?

Contact: BRFE@northwell.edu

† Updated 8/22/17

Glen Cove Breastfeeding Resources

Winthrop Hospital Breastfeeding Class (Mineola)

- Contact: 516-663-2858
- Classes are offered 3 times a month on weekend nights or weekend days.
- Cost: \$60
- Please see [website](#) for more details and registration instructions.

Breastfeeding Support & Peer Counseling

La Leche League USA Breastfeeding Helpline

- Helpline for mothers with breastfeeding questions, 24/7
- 1-877-452-5324
- English and Spanish

Breastfeeding Warmline Phone Support

- Allied Breastfeeding Support: call for timely advice and referrals
- 1-866-621-2769

South Nassau Communities Hospital Phone Support Line

- For general breastfeeding support and resources available through the hospital
- 516-632-3466

National Breastfeeding Helpline

- The US Office on Women's Health phone line, Mon-Fri; 9AM-6PM EST
- 800-994-9662
- English and Spanish

InfantRisk Center Helpline

- Gives up-to-date information on the use of medications during pregnancy and breastfeeding
- 806-352-2519
- English and Spanish

BREASTFEEDING SUPPORT GROUPS

La Leche League of West Nassau and East Queens

- Please join [Facebook](#) group for more information.

LIJ Hospital, Northwell Health (New Hyde Park)

- Monthly meetings on the 2nd Tuesday of the month from 11am-12pm in Katz Women's Center (Patient & Family Education Center, Conference Room T132)
- Contact: 718-470-5173 (registration is required)

South Nassau Communities Hospital

- Meetings on the 2nd and 4th Tuesday every month at 10:30am in the Lactation Resource Center in Baldwin, NY
- Contact: 516-377-5310, see [website](#) for more details and schedule (search for 'breastfeeding').

Breastfeeding Resources

- Beverley Rae, MSW, IBCLC
- Manhasset, NY (516) 365-4877
- The breastfeeding support group meets twice a month. Visit [website](#) for more information and schedule.

Winthrop University Hospital

- Weekly meetings on Wednesdays in Garden City from 1 to 3pm
- Contact: 1-866-946-8476 (registration required)
- Please see [website](#) for more details and registration instructions.

North Shore University Hospital (Manhasset)

- Weekly meetings Tuesdays at 10am in Katz 4th Floor Visitor's Lounge
- Contact: 516-562-4447, registration is required.

This list was developed in part using the **Long Island Lactation Consultants Association** website. Please check their [website](#) for updates.

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Breastfeeding Referral

Suffolk Perinatal Coalition

- Patchogue, NY
- 631-475-5400
- www.spcbabies.org

Nassau County WIC Program Administrative Office

- 516-227-9453

Directory of Lactation Consultants

This list is not an endorsement for any individual. The BFREE team has only contacted each individual and confirmed their information and certification.

International Board Certified Lactation Consultants (IBCLC)

- Wendi Andria, RNC-OB, IBCLC
Islip, NY 631-707-6598
Private Lactation
- Danielle Joesph-McKay, LCCE, CCE, IBCLC
(631) 572-8916, Nassau and Suffolk
Home visits, free phone support
- Jeanne Rosser, IBCLC
Amityville, NY (516) 449-8776
Nassau/Suffolk
[West Suffolk Lactation Consultants](#) , [Allied Physicians Group](#)
Call for: Home visits, office visits (insurance accepted)
lactationconsultant@alliedphysiciansgroup.com
- Susan Silberger, BA, IBCLC, RLC
[Oak Leaf Lactation](#)
Nassau/Suffolk (516) 650-1634
Home/Office Visits, Classes, some insurance accepted
- Beverley Rae, IBCLC, RLC, MSW
[Breastfeeding Resources](#)
Manhasset, NY (516) 365-4877
Home/Office visits, pump rentals, prenatal classes, support group
- Joy Padula, RN, IBCLC
[Bellmore Lactation Services](#)
Bellmore, NY (516) 728-4336
Call for: Consultations, pump rentals
nater2210@live.com
- Donna Kimick, IBCLC, RLC
[Lakeshore Lactation Center](#)
Massapequa Park, NY (516) 799-7911
Call for: Consultations and pump rentals
donnakimick@gmail.com
- Lauren G. Macaluso, MD, IBCLC, FAAP, FABM
[Macaluso Medical](#)
New Hyde Park, NY (516) 498-2300, press 2
Call for: Office visits, pump rental (most insurances accepted)
- Caryn Winkler-deBrauwere, BA, IBCLC, RLC*
Gentle Nurture Lactation
Oceanside, NY (516) 647-4808
Home visits/pump rentals
English/Spanish, sliding scale payments, discount for military families
debrauwerec@gmail.com
- Jeanne Dejak RN, IBCLC
East Rockaway, NY (516) 599-4742
jeannedejak@msn.com
Pump rentals, prenatal classes
- Sandy McCabe, RN, BSN, IBCLC, CCE
[Natural Breastfeeding LLC](#)
Nassau, Queens, Manhattan
(516) 382-6901
Home visits
English/Spanish
- Debbie Steger-Cohen, IBCLC, MSN, CCE
Great Neck, NY 516-343-6058
Nassau, Suffolk, Queens
Home visits
English/Spanish, offers superbill for insurance
- Michelle Turner, CPNP, IBCLC
[ProHEALTH Care Associates](#)
Lake Success, NY (516) 622-7337, press 4
Office visits, pump rental

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- Kathleen Waldow, RN, BSN, IBCLC
[Perpetua Lactation Services](#)
Floral Park, NY (516) 500-3732
kathleenwaldow@gmail.com
Home/office/hospital visits, telephone consultations
- Janice R. Campbell, MSN, RN, LCCE, IBCLC
Rockville Centre, NY (516) 442-0563
Home visits
www.lactationtime.com
contact@lactationtime.com
English, Spanish, Portuguese

This list was developed in part using the **Long Island Lactation Consultants Association** website. Check their [website](#) for updates.

Pump Rental

Call the number on the back of your insurance card and ask how to get a breast pump. The Affordable Care Act requires that all insurances provide families with a breast pump.

Hospitals and other care providers, including many of those listed above have access to breast pumps for rent. Ask any of them for information or visit the following websites:

[Medela Breast Pumps](#)

- Choose your insurance (e.g. “NYS Medicaid”) and “New York” to see options

[Ameda Breast Pumps](#)

- Website provides information and allows you to search for supply stores near you

[Better Living Now](#) and [Hampton Homecare](#) also supply these breast pump brands with the option of going through insurance.

Milk Banking

Long Island has several milk banks where mothers can donate or receive breast milk. Visit the New York Milk Bank’s [website](#) or call one of the Milk Depots on Long Island for more information:

Macaluso Medical

1575 Hillside Avenue Ste.
New Hyde Park, NY 11040
516.498.2300

Peconic Pediatrics and Breastfeeding Medicine

34 Commerce Drive, Ste. 2
Riverhead, NY 11901
631.722.8880



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